**USU 2013 WINTER CAMP**

**Friday Evening, January 4th, 2013**

**Javelin, Long Jump, Triple Jump, and High Jump Clinics**

STAN LAUB INDOOR TRAINING COMPLEX On The Utah State University Campus 1300N 1100E.

Instructed by  USU Track and Field coaching staff.

Please bring any indoor implements you have for the Javelin clinic.

(long Tom’s, Knocken Balls ect.)

**Registration:** 4:00p.m. **Start time:** 5:00p.m. Est. **Completion:** 8:00p.m.

**Cost: Athletes:** $50.00 (Includes Camp T-shirt and access to all sessions)

Pizza Dinner provided!

**Coaches:** $20.00 (includes camp t-shirt and access to all sessions)

Pizza Dinner provided!

**Pre-registration by email before January 3rd** (Pre-reg.used for T-shirt and food count)

**Send e-mails to Matt Ingebritsen: Matt.ingebritsen@usu.edu , or Kirstin Flesher:** **kirstin.flesher@usu.edu**

**For more information:** Contact Matt Ingebritsen or Kirstin Flesher at

(435) 797-9047.

**USU 2013 WINTER CAMP**

**Saturday, January 5th, 2013**

**Sprints, Hurdles, and Pole Vault Clinics**

STAN LAUB INDOOR TRAINING COMPLEX On The Utah State University Campus 1300N 1100E.

Registration and clinic will held in the Laub Complex for sprints, hurdles and pole vault.

 **Shot, Discus and Distance Clinics**

NELSON FIELDHOUSE On The Utah State University Campus 700N 800E.

Registration and clinic will be at the Nelson Fieldhouse for Shot, Discus and Distance.

Please bring any indoor throwing implements you can. (Indoor shots & Discs)

Instructed by  USU Cross Country / Track and Field coaching staff

**Registration:** 9:00a.m. **Start time:** 10:00a.m. Est. **Completion:** 1:00p.m.

**Cost: Athletes:** $50.00 (Includes Camp T-shirt and access to all sessions) Pizza Dinner provided!

**Coaches:** $20.00 (includes camp t-shirt and access to all sessions)

Pizza Dinner provided!

 **Pre-registration by email before January 3rd** (Pre-reg.used for T-shirt and food count)

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